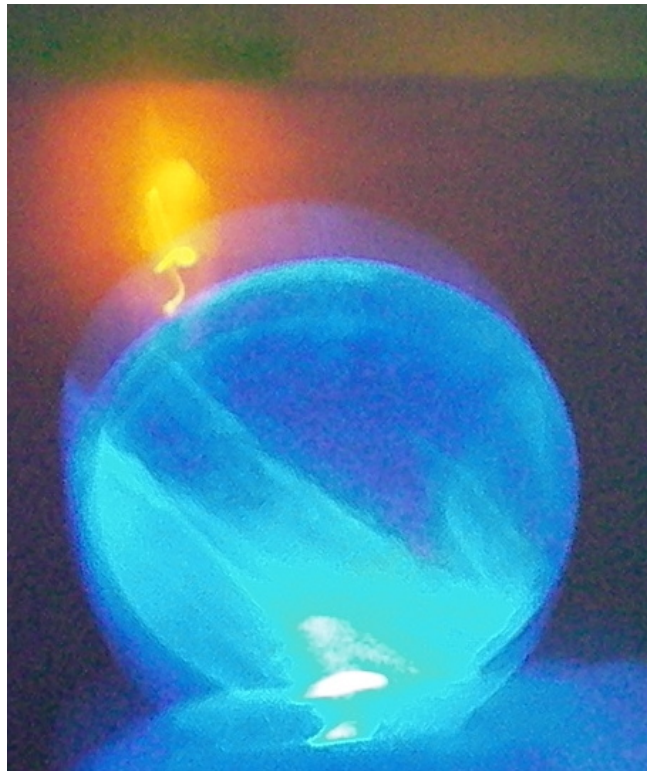


Transformation Class

**Balancing Darkness & Light,
Male & Female, Mind, Body & Spirit**

*Learn meditations & ways to balance your energy.
Hold your Light! Heal your Birth Process and Creative aspects
related to sexuality, relationships and the dying process*



November 1, 2, 14, 15, 16 ~ 9:30-5:30

Over two non-consecutive weekends

119 Seward St, Suite 18

\$495 (credit cards accepted) if register with \$100 deposit by Oct 24

\$550 Pre-registration after Oct 24 or \$120 per day

Instructor **Maureen Longworth, M.D.** is a family physician in Juneau also board certified in Holistic Medicine and a specialist in Energy Healing. She teaches throughout the country linking ancient healing streams of energy with cutting edge medicine, in ways you can use for yourself and your ongoing deeper healing process. Because the energy goes where it is needed you can use what you learn to work on whatever needs healing in your energy field. No expertise needed to make energy healing work for you. Dr. Longworth is also available for individual consultations by appointment.

Email alaskaholistic@gci.net or call 907-5BE-WELL Registration/info Read more at alaskaholistic.com